

**BUNTS SANGHA'S**  
**S. M. SHETTY COLLEGE OF SCIENCE, COMMERCE & MANAGEMENT**  
**STUDIES, POWAI**  
**NAAC ACCREDITED 'A' GRADE**  
**ISO 21001:2018 CERTIFIED**  
**IMC RBNQ CERTIFICATE OF MERIT 2019**

**Approval Form: Poster Making Competition (Fit India Movement)**

**Department:** NSS Unit

**Program:** Poster Making Competition.

**Objectives:** This is an Inter- Collegiate Fitness Challenge.

**Need:** This Helps to improve student creativity and knowledge about being Fit.

**Content:** Participants have to make posters about various poses of yoga's or workout and draw/paint it on a A4 size paper and paste those posters in their societies or society terrace etc. whichever is possible or wherever the residents will notice it...  
Participants will have to click a picture of their art and send it to us...  
Best 3 winners will be announced on our Instagram handle and the participants would get e-certificate.


**Judge:** Ms. Swati Shetty.

**Date:** 25<sup>th</sup> September, 2020.

**Cost/Budget:** Nil / Not Applicable

**Proposed by:** Ms. Shruti Panhale

**Verified by:** Prof. Vijay Vishwakarma.



**NSS Programme Officer**



**NSS Programme Officer**

**Minutes of the Meeting: Poster Making Competition (Fit India Movement)**

There was a meeting held on Zoom Platform on 18<sup>th</sup> September, 2020  
Criterion 3 - Research, Innovations and Extension



  
PRINCIPAL

Bunts Sangha's S.M. Shetty College  
of Science, Commerce & Management Studies  
Powai, Mumbai-400 076.  
Tel. 022-6132 7352  
Email: college@smsshettyinstitute.org

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**Minutes of the meeting:**

- To discuss about the upcoming events for Fit India Movement.
- To discuss about to make a promotion video for Fit India Movement.
- To allot work to social media team and leaders.
- To discuss about the documentation work.
- To allot leaders to prepare for the WhatsApp message which would be send to other colleges to participate.
- To allot Social media team start to work on the poster and brochure for the event and update the social media platform



**NSS Programme Officer**



**NSS Programme Officer**

**Poster & Brochure: Poster Making Competition (Fit India Movement)**

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The poster features a dark background with a blurred image of a person. At the top left is the college logo with the motto 'KARMAJENI KAMA VIKTA SADAIVA PRALAYATI'. At the top right is the National Service Scheme logo. The text is centered and reads: 'Bunts Sangha's S.M Shetty College of Science, Commerce and Management Studies, Powai, Mumbai Affiliated to University of Mumbai NAAC Accredited 'A' Grade ISO 9001:2015 Certified'. Below this is the title 'FIT INDIA Poster Making Competition' in large, bold letters, followed by 'Intercollegiate Event'. The main body of text encourages participation: 'Grab on your painting tools to motivate people regarding fitness with your skills and creativity.. After all "Fit India, Lit India" Come join us to encourage and make India Lit with the help of posters.' It provides submission details: 'Submit your posters before 25th September 2020. Email Id- nssunitb46@gmail.com'. Results are announced on the Instagram page '@shettynssunit\_b46' on 26th September 2020. Contact information for enquiries is listed at the bottom.

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**ISO 9001:2015 Certified**

**FIT INDIA**  
**Poster Making Competition**  
**Intercollegiate Event**

**Grab on your painting tools to**  
**motivate people regarding fitness**  
**with your skills and creativity..**  
**After all**  
**"Fit India, Lit India"**  
**Come join us to encourage and**  
**make India Lit with the help of**  
**posters.**

**Submit your posters before**  
**25th September 2020.**  
**Email Id- nssunitb46@gmail.com**

**Results will be announced on the**  
**Instagram page- @shettynssunit\_b46**  
**On 26th September 2020.**

**Enquiries**  
**Shruti Panhale- 9930065435**  
**Ishan Salian- 9773471471**  
**Mahima Singh- 7506516043**  
**Mayur Gami- 7977719054**

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*Shetty*  
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**Notice: Poster Making Competition (Fit India Movement)**

**Poster Making Competition**

Grab on your painting tools to motivate people regarding fitness with your skills and creativity 😊  
After all "Fit India, Lit India"

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Come join us to encourage and make India Lit with the help of your amazing posters 😊

Topic:-

- Fit India

- Poses or asanas of yoga or workout

OR

- A message for the society through paintings and sketches for living fit.

Submit the posters on A4 size paper!

Last date for submission of posters is 25th September 2020.

Email id for submission: nssunitb46@gmail.com

Results for the Poster Making Competition will be announced on 26th September 2020 on  
instagram page-  
@shettyunit\_b46

For more enquiries:-

Shruti Panhale - 9930065435

Ishan Salian - 97734 71471

Mahima Singh - 7506516043

Mayur Gami - 7977719054

Our Instagram handle- [https://instagram.com/shettyunit\\_b46?igshid=1bbif8mjypc3h](https://instagram.com/shettyunit_b46?igshid=1bbif8mjypc3h)

For more details refer pdf..!

**Report: Poster Making Competition (Fit India Movement)**

**Event: Poster Making Competition (Fit India Movement).**

**Date:** 25<sup>th</sup> September, 2020

**Objective:** This is an Inter- Collegiate Fitness Challenge.

**Highlight:** The NSS Unit of S. M. SHETTY COLLEGE had organized a fitness challenge on 25<sup>th</sup> September, 2020 for **FIT INDIA MOVEMENT**.

The theme for the event was the Fit India Challenge. The event was held at intercollegiate level.

It was open for all colleges and for NSS units too. The theme for Poster making was Fit India

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wherein the participants had to make Poster showing out some message to live fit and also some fitness poses to express the importance of fitness in one's life. There were 26 entries for the poster which showed unique ideas of being fit for the better future. The last date of submission was commenced on 26th September. The judges decided the winners and the winners were given certificates for appreciation. Total 26 **Volunteers** has been participated in the event. All the participants were provided with participation certificates.

**The Winners of the Competition are:-**



**NSS Programme Officer**

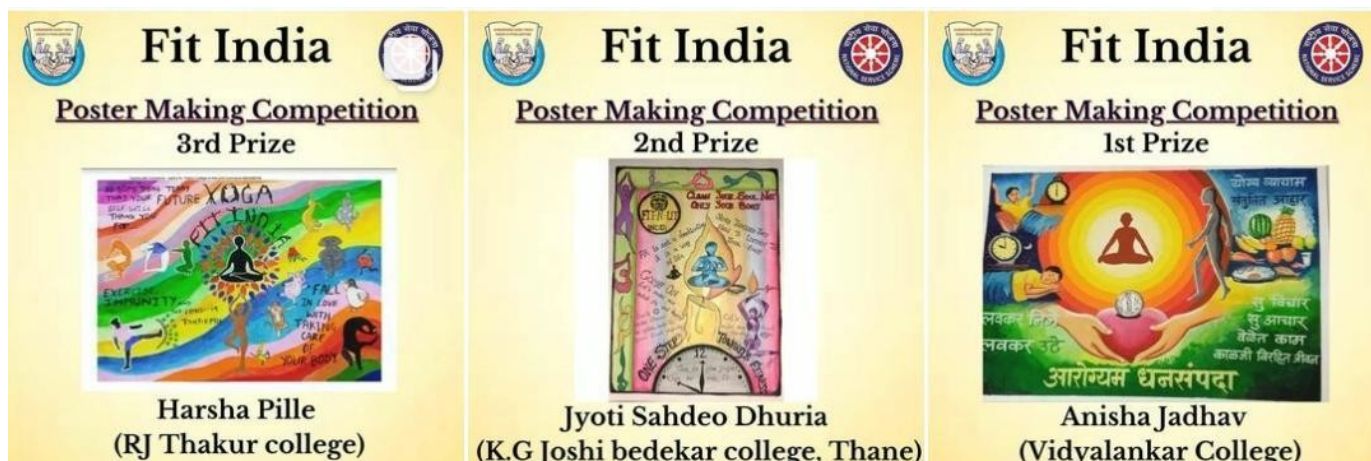


**NSS Programme Officer**

**Participation List: Poster Making Competition (Fit India Movement)**

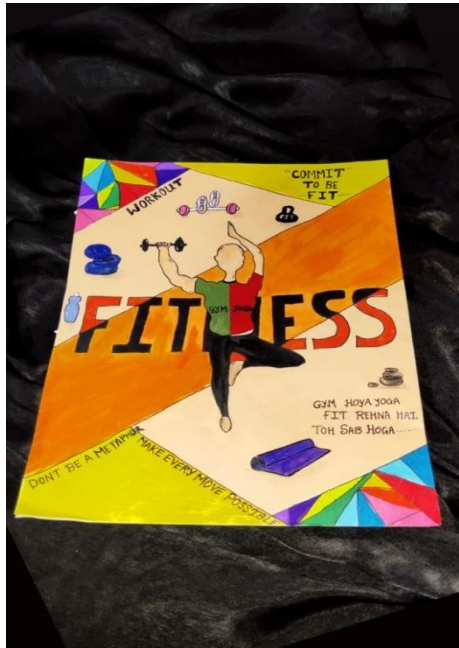
Aanam Mulla – S. M. Shetty

Anisha Jadhav\_ - Vidyalankar College



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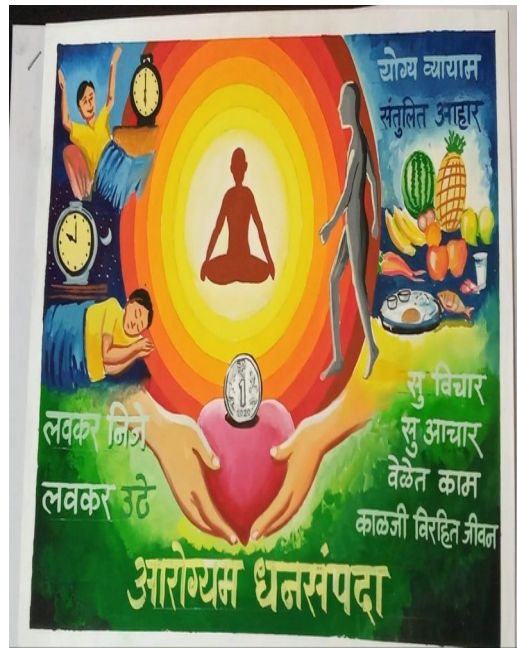
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Gaush Murshad - S.M. Shetty



Jaspreet Kaur - S. M. Shetty



Harshata Wadkar - S. M. Shetty College

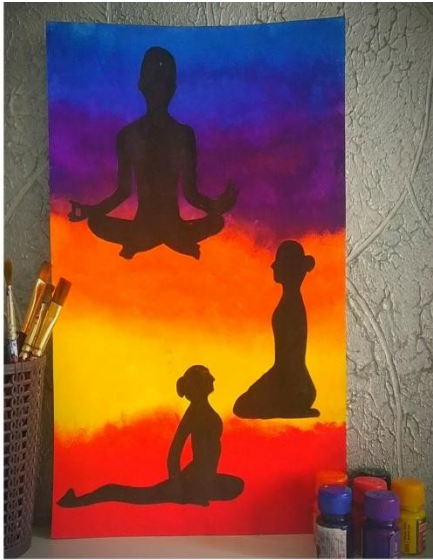


Jyoti Dhuria- K.G Joshi College

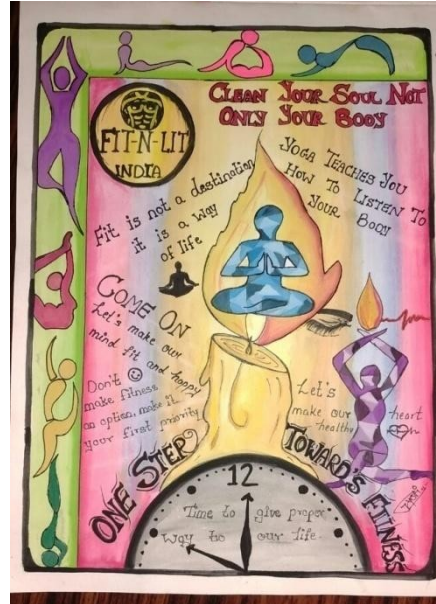
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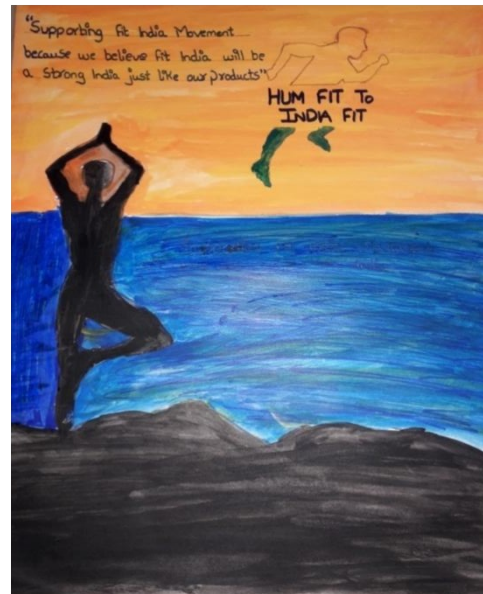
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Krinal Parmar – S. M. Shetty



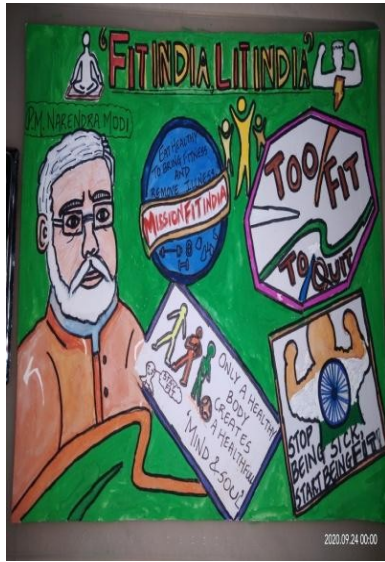
Malti Ratudi - S. M. Shetty



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Rakshita Achary  
S. M. Shetty College



Pratik Agawan  
Bhavans College



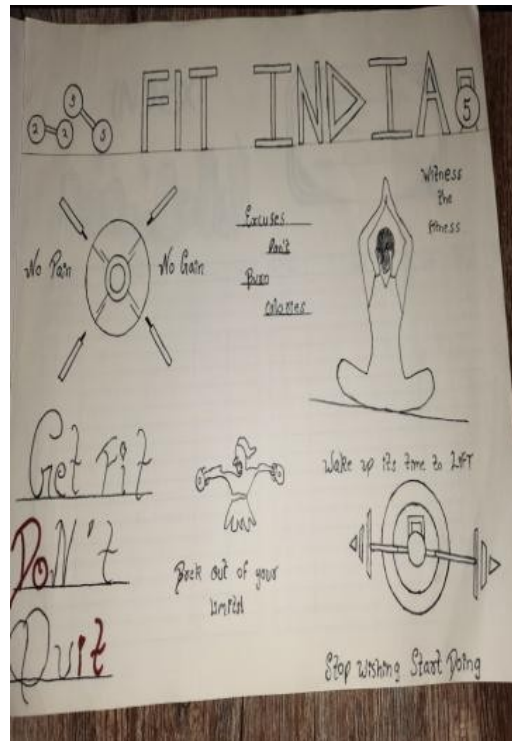
Pooja gupta  
S. M. Shetty College

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Rohithaksha Shetty – S. M. Shetty



Sachin Gupta – S. M. Shetty College

**Certificate Sample: Poster Making Competition (Fit India Movement)**

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Winner Certificate



Participation Certificate

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*Dijay Crishnasagana*

**NSS Programme Officer**

*John Senese*

**NSS Programme Officer**

**Thank You Letter: Poster Making Competition (Fit India Movement)**

SMS/

26<sup>th</sup> September, 2020

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To,  
Miss. Swati Shetty  
S.M Shetty Degree College,  
Powai.

Dear Madam,

It was truly a pleasure to have you with us as our Judge for Poster Making on Fit India Competition organized by the NSS Unit of our College.

We on behalf of our college we'd like to thank you for the generous gift of your time, judging the competition and also giving us your precious opinion. Your time and dedication made it possible for us to reward students for their creative efforts.

With Regards,  
Thanking you,

Yours faithfully,  
Dr. Sridhara Shetty  
PRINCIPAL

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